

CORTICOSTEROID EQUIVALENCY TABLE (ORAL OR IV)			
	Equivalent Dose (mg)	Glucocorticoid (Anti-inflammatory)	Mineralocorticoid (Na⁺-Retaining)
Short Acting			
Hydrocortisone (Cortisol)	20	1	2
Intermediate Acting			
Fludrocortisone	-	10	125
Prednisone	5	4	1
Prednisolone	5	4	1
Methylprednisolone	4	5	0
Long Acting			
Dexamethasone	0.75	25	0

Adapted from:

1. Comparison of representative glucocorticoid preparations in: UptoDate . On-line access January 16, 2018.
2. Corticosteroids: Systemic in: eCPS. On-line access January 16, 2018

Last update: August 2018