

Corticosteroid Equivalency Table (Oral or IV)			
	Equivalent Dose (mg)	Glucocorticoid (Anti-inflammatory)	Mineralocorticoid (Na⁺-Retaining)
Short Acting			
Hydrocortisone (Cortisol)	20	1	2
Cortisone	25	0.8	2
Intermediate Acting			
Fludrocortisone	-	10	125
Prednisone	5	4	1
Prednisolone	5	4	1
Methylprednisolone	4	5	0
Long Acting			
Dexamethasone	0.75	25	0

Adapted from:

1. Lexi-Comp's Pediatric Dosage Handbook. 17th ed.
2. Corticosteroids: Systemic in: CPS 2011